

Mid-Jefferson County Retired School Personnel Minutes
Tuesday, December 11, 2018

The business meeting of the Mid-Jefferson County Retired School Personnel was held at Ritter Senior Center in Nederland, Texas, on Tuesday, December 11, 2018, at 1:30 p.m. The meeting was called to order by President Lynne James. The invocation was given by Gail Krohn followed by pledges of allegiance to our flags. Refreshments were provided by all members, and decorations and beverages were provided by Rosalie Reese (Chair), Linda Briggs, Becky Dungan, Linda Fong, and Dana Wasser. The minutes of the November 13th meeting were emailed to a few members with copies made available for reading at each table. There being no additions or corrections, the minutes were approved by committee and floor as read. Treasurer Loretta Morman reported that as of November 30, 2018, the total balance on hand was \$9,416.87, which includes scholarship money. The report was filed for audit.

Committee Reports

Membership – Chair Linda Harrison shared that our total membership is 297. Linda encouraged us to continue recruiting members.

Book Project – Chair Linda Briggs informed us that books will be distributed on January 15th.

Informative & Protective Services – Chair Linda Fong shared ways to modify our fitness routines to stay healthy with age. She also shared that Cookie Byrd's brother, Albert Bumstead, passed away on November 14th and that Sara Murphy's daughter, Stacy Laycock, has been diagnosed with brain cancer. It was also shared that Walter Kirk (Ginger Cooper's father) have passed away. Linda Briggs also warned us regarding "sales people" giving false information about Humana and other insurance companies.

Programs – Chair Linda Briggs announced that Barbara Boone from Airport Travel Agency will be our speaker for our January meeting.

Volunteer Services – Linda Harrison (reporting for Chair Beulah Thompson) said that it is time to report total volunteer hours. Her report is due the week after our January meeting and she would appreciate everyone's **total** volunteer hours as soon as possible by phone call, text, or email.

Healthy Living – Chair Helen Reynolds informed us that dark chocolate can be eaten guilt-free if not more than 1 ounce (150 calories) is eaten daily. Dark chocolate contains flavanols that are good for blood pressure, cholesterol, and cognition and contains less sugar and fat than other chocolates. Minerals (calcium, copper, iron, magnesium, phosphorus, and zinc) are also found in dark chocolate.

Nominations – Immediate Past President announced there will be a "slate of officers reveal" at our next meeting. Election of 2019 – 2020 Officers will follow.

Scholarship/Ads – President James announced that all scholarship ad money should be turned in by our January meeting. Applications have been printed and will be distributed in January. Applications will also be posted on our website after 01/01/19.

Unfinished Business:

Convention Delegates – President James announced that those wanting to attend the state convention need to submit their names to her immediately. Selection of delegates will be held next meeting.

New Business: None

Program – "Let's Play Bingo" -- All members participated in playing Bingo. Winners were presented with giant candy canes of various flavors. Program presenters were Linda Harrison, Beulah Thompson, Jolene LeMaire, and Candye Martin (caller).

Announcements:

- **Newsletter deadline:** Submissions by 12/20/18; assembly on 12/27/18 @ 9 a.m., PN Library
- **January 8, 2019 meeting:**
 - **Ritter Center in Nederland at 1:30 p.m.**
 - **Program:** Speaker Barbara Boone, contractor from Airport Travel Agency
 - **Refreshments:** Chair Rosalie Reese, Linda Briggs, Becky Dungan, Linda Fong, and Dana Wasser
 - **Selection of convention delegates**
 - **Election of 2019 – 2020 Officers**
 - **Deadline to complete scholarship ad sales**
 - **Deadline to submit total volunteer hours to be sent to district chair**
- **TRTA State Convention: March 31 - April 2, 2019, Austin; *Roar at the Capitol*, April 3**
- **Spring Leadership Conference: May 3, 2019, at First Baptist church, Nederland**

There being no further business, the meeting was adjourned at 3:00 p.m. with 24 members present.

Donna Lumpkin
Recording Secretary

Lynne James
President
