

MID-JEFFERSON COUNTY RETIRED SCHOOL PERSONNEL MINUTES

The regular meeting of the Mid-Jefferson County Retired School Personnel was held at the Ritter Senior Citizen Center in Nederland, Texas on October 8, 2013 at 1:30 P.M. with 32 members and 1 guest present.

The invocation was given by Betty Cowan. Pledges of allegiance were led by Nellie McCoy.

Program Chair Gail Krohn introduced Gail Shook of Airport Travel. Her program, "How It Works" told of the duties and responsibilities that come from her office. She started her business from nothing; no computer, no experience and no customers. Now, almost thirty years later, she has six full-time, and three part-time employees. Some of her services include processing your ticket, choosing your insurance, to printing your luggage tags. She loves her job and with the help of the satisfied customer she has a very busy successful business.

Healthy refreshments were provided by Linda Harrison (Chair), Mary Beth McDuff, Candye Martin, Helen Reynolds, and Beulah Thompson.

The business meeting was called to order by 1<sup>st</sup> Vice-President Dana Wasser.

The minutes of September 10, 2013 were sent to the members by email and a few were available for reading on each table. The minutes were approved by committee.

Mary Beth McDuff gave the treasurer's report which was filed for audit. Balance for September 30, 2013, is \$6,923.74.

**Committee Reports**

**Membership** – Dana Wasser said we have 235 members and the treasurer is taking up more memberships to appear on next month's report.

**Year Book** – Becky Dungan reported year books were received through emails and "hard copies" were brought to the meeting for those that had requested them. Members are asked to check their name off the master list. They may also sign the list to pick up a book for another member. If corrections are found, please let her know.

**Protective Services/Memorial & Get Well** – in the absence of Linda Fong, Alice McEntire reported one memorial card was sent for Mary Elizabeth Grubb. Sara Jo Murphy and Betty Frey were sent get well cards. A thinking of you card was sent to Jill Avery. It was reported by Candice Haggard that Jill had passed away just that morning at 2 A.M.

**Health Care** – Helen Reynolds reported eating smart is doubly important for senior citizens. To keep one's body strong, mind sharp, and energy up, eat more fruits and vegetables, cut saturated fat, and use fat-free or low-fat dairy. Baked green cabbage is a healthy and delicious vegetable.

**Newsletter** – Lynne James stated if you are not getting a newsletter by email and had signed up to receive it by email, please let her know.

**Retirement Ed.** – Rose Reese informed us that we have no new retirees as of now. We are still looking for phone numbers and addresses of some.

**Old Business:** None

**New Business:** Dana Wasser, (Past President); (Chair) asked for volunteers to serve on the Nomination Committee for up-coming officers. Dixie Tucker, Dianne Trevey and Becky Dungan volunteered to serve.

**Announcements:**

- Newsletter will be assembled Thurs., October 31, 9:00 A.M., Hebert Library (PN)
- November 12<sup>th</sup> meeting – Speaker – Robbie Smith, Game Warden
- Ritter Senior Citizen Center, our meeting place, is collecting yarn and aluminum cans for their projects. Please help in this effort.
- Farmers Insurance is offering discounts for retired teachers on their car and home insurance.
- November Refreshment Committee: Linda Harrison (Chair), Mary Beth McDuff, Candye Martin, Helen Reynolds, and Beulah Thompson.

The business meeting adjourned at 2:55 P.M.

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Susan Jones, Recording Secretary

Approved \_\_\_\_\_